

Pirate Drill (Also called known as the “Crossfire” Drill)

Skill Set: Infield-Team

Difficulty Level: Hard

Number of Athletes and Coaches: Full infield with 2 players at each position (no pitchers) and 2 coaches

Average Time to Complete: 20-25 minutes

Equipment Required: 2 fungo hitters (coaches), 2 buckets of baseballs, movable screen

Goal: Communication in the infield, awareness of everything else going on, and staying focused

Description of the Drill:

- Infield is at all positions except pitcher, 2 players at each position, catchers in full gear
- Coaches are set up on either side of home plate to hit ground balls to infield
- Coaches will hit across each other, so that the balls cross paths

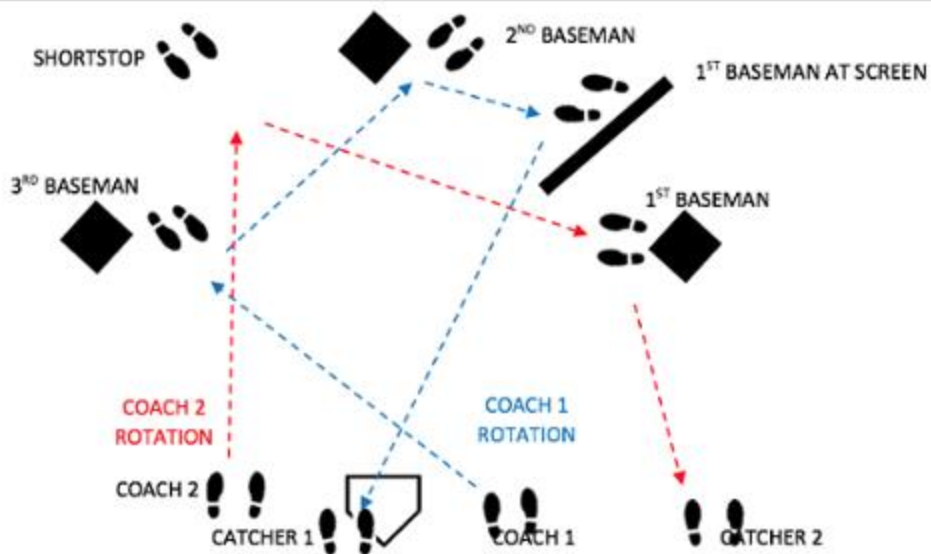
Coach 1 Rotation (Make sure players stay out of the way of throws!):

- Coach 1 hits fungo to third baseman
- Third baseman turns a double play with the second baseman at second
- Second baseman throws to the first baseman at the screen
- First baseman at the screen throws ball back to catcher 1

Coach 2 Rotation (Make sure players stay out of the way of throws!):

- Coach 2 hits fungo groundball to shortstop (shortstop plays deep)
- Shortstop throws ball to first baseman at first base
- First baseman throws ball back to catcher 2
- Players rotate at their positions until each coach has gone through a bucket of baseballs

Layout of Drill:



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